

122 Bowlt Crescent 306,975,7744

- 10-lane High Performance Competitive Pool
- Diving Boards & Platforms Lockers
- 6-lane, 25 m Warm-Up Pool
- Portable Aquatic Lift
- Family Pool with Waterslide & Water Features
- Family & Adult Hot Tubs
  Gymnasiums
- Hamm Fitness Centre
  Hamm Walking Track
- Western Fitness Refueling Zone Cafeteria
- Child Minding Multi-Purpose Room
- Nordic Fencing Playground\* WiFi available
- Hamm Multi-Purpose Fields

\*Outdoors





150 Nelson Road 306.975.3354 (Located inside the SaskTel Sports Centre)

- 2-lane, 365 m Indoor Track (strollers welcome)
- Cafeteria (lobby) Lockers





Check out the map on the previous page for locations

# **Programs & Activities**

Leisure Centres offer a variety of drop-in and registered activities for people of all ages, skill levels and interests!

### **Drop-in Programs**

All general, Bulk Ticket and LeisureCard admission options provide drop-in access to Leisure Centre program offerings, including:

- public, family and lane swimming
- aquafitness and fitness classes (a separate admission fee [General Admission, Bulk Ticket or LeisureCard] is required for each instructor-led fitness class)
- indoor walking/jogging tracks
- fitness and weight rooms; suspension training
  - open gym, racquet and court sports
- indoor playground (ages seven and under)

Pre-registration is not required for Drop-in Programs. For activity listings and times, visit Drop-in Online at <a href="mailto:saskatoon.ca/dropinonline">saskatoon.ca/dropinonline</a> or refer to the seasonal Leisure Guide.



## **Child Minding**

Child Minding provides a safe and fun environment for children six years of age and under while their parent or guardian participates in a Leisure Centre activitiy. Available at Saskatoon Field House, Lakewood Civic Centre and Shaw Centre.

For hours of operation, visit Drop-in Online at <u>saskatoon.ca/dropinonline</u> or refer to the seasonal *Leisure Guide*.

Prices include GST	First Child	Each Additional Child
General Admission	\$3.50/hr	\$2.10/hr
Bulk Ticket (10 hours)	\$28.00	\$16.80

Child Minding is FREE with the purchase of a Family LeisureCard, Family Bulk Ticket or Family General Admission.



#### Registered Programs

Leisure Centres offer a wide range of Registered Programs each season — from Red Cross swimming lessons, to preschool and youth recreation programs and adult fitness and specialized wellness programs.

Pre-registration and payment of a class fee is required to participate in a registered program. Access is not included with a general admission, Bulk Ticket or LeisureCard.

Refer to the seasonal Leisure Guide for more information. View and register for programs at your convenience 24/7 with Leisure Online at saskatoon.ca/leisureonline.



#### Leisure Guide

The Leisure Guide is Saskatoon's community source for arts, culture and recreational activities. The Leisure Guide is distributed on a seasonal basis throughout Saskatoon and some surrounding areas. Keep the Guide throughout the season to find Leisure Centre drop-in and registered program information for all ages, interests and skill levels. You can also find it online at saskatoon.ca/leisureguide.

# COMMUNITY, SASKATOON LEISURE GUIDE: SEARCHING AND GIVING INFORMATION (STUD A)

PART 1: READING. Find the requested information in the leisure guide

- 1.Does the Shaw Centre have Childminding?
- 2. What's the phone number to contact the Shaw Centre?
- 3. How many lanes does the competitive pool at the Shaw Centre have?
- 5. How long is the track inside Terry Fox Track? Where is it located?
- 6. What does "strollers welcome" mean?
- 7. What is a Drop-In program? Write some examples of Drop-In programs
- 8. How much is the Childminding for one hour at the Leisure Centre?
- 9. How old should the children be to be admitted in the Childminding?
- 10. What do you need to do to access a Registered Program?
- 11. where can I find more info about the Leisure Programs online?

Now, together with the rest of the class, ask the other students questions (politely) to get more information about:

- -YOU WANT TO KNOW MORE ABOUT SINGLE ADMISSIONS AT THE LEISURE CENTRE
- -WHEN THE BULK TICKETS EXPIRE
- -YOU WANT MORE INFORMATION ABOUT THE COST OF CHILDMINDING IF YOU HAVE THE LEISURE CARD
- -YOU WANT TO KNOW THE WEBSITE TO RENT A ROOM AT THE LEISURE CENTRE
- -YOU WANT TO CELEBRATE YOUR BIRTHDAY AT THE LEISURE CENTRE: WHAT'S THE PHONE NUMBER TO CALL?