

"Bad dream stops climber's record Everest climb"

GAP FILL

A man decided not to climb Mount Everest because he had a bad (1) **dream** from the "Mountain Goddess". The man is a 51-year-old Nepalese Sherpa called Kami Rita. He is not any (2) **ordinary** mountain climber. He is already the record (3) **holder** for climbing Mount Everest the most times. He climbed the world's highest (4) **peak** for a record 25th time earlier this month. He told reporters: "I was making my 26th (5) **attempt** and had reached Camp Three, but the weather turned bad and I had a (6) **really** bad dream. The gods were telling me not to go and because I really believe in God, I decided to return." He added: "I take (7) **orders** from goddesses". Mr Rita did not give any more (8) **details** about what was in his dream.

holder
really
peak
details
dream
orders
attempt
ordinary

Kami Rita is a climbing (9) **legend** and a hero in the Himalayan nation of Nepal. He has the nickname Snow Leopard because of his (10) **decades** of experiences in climbing Everest and other mountains. He first (11) **scaled** Everest in 1994 and has done the climb nearly every year since then. He said he would make another (12) **attempt** at the climb in 2022, saying: "I felt the Goddess did not want me to go up again this year. After receiving the (13) **signals**, I returned to Kathmandu. I will go back again next year to (14) **complete** my dream." The Sherpa people believe Everest is a goddess. They take (15) **part** in a religious ceremony to pay their (16) **respects** to the mountain and to have good luck before starting a climb.

complete
decades
attempt
respects
legend
part
scaled
signals

"Working long hours kills hundreds of thousands"

GAP FILL

The World Health Organization (WHO) and International Labour Organization have issued a (1) stark warning about the danger of overworking. They said working long hours is causing the (2) premature death of hundreds of thousands of people worldwide. The two organizations analysed the link between (3) loss of life and working long hours. Their findings were (4) sobering. Around three-quarters of a million workers die early after suffering (5) strokes and heart attacks as a (6) result of working over 55 hours a week. Most of these (7) deaths were in people aged 60 to 70 who had worked at least 55 hours between the ages of 45 and 74. The researchers discovered that men (8) accounted for 72 per cent of the deaths.

loss
accounted
premature
strokes
stark
deaths
sobering
result

The WHO study (9) revealed that people who work at least 55 hours a week have a 42 per cent increased (10) risk of stroke, and a 19 per cent increased chance of heart disease. Researchers analysed data from (11) workforces in 154 countries. They looked at data collected from 1970 to 2018. The WHO Director-General said: "No job is (12) worth the risk of stroke or heart disease. Governments, employers and workers need to work together to agree on (13) limits to protect the health of workers." The WHO said over nine per cent of workers (14) overwork. It warned that the situation is worsening, saying: "The (15) pandemic is accelerating developments that could feed the (16) trend towards increased working time."

limits
risk
overwork
trend
revealed
worth
pandemic
workforces

KEY

1. She was **at** university when she heard about the death of her father.
2. We usually go on holidays **by** plane but this year we are going to Italy **by** car.
3. Let's go **for** a walk. The weather is so great!
4. The train was travelling **at** a speed of over 150 km an hour.
5. She got **on** the bus at Oxford Street and got off five stops later.
6. Despite the bad weather all trains are running **on** time.
7. Bats are mammals that are highly active **at** night.
8. This village isn't even **on** the map. It's so small.
9. We usually go to dance class **on** Mondays.
10. **By** nightfall over 10 inches of snow had fallen.
11. Doctors hope that the spread of the virus will slow down **in** the summer.
12. Dad always reads his daughter bedtime stories **in** the evening.
13. Let's meet **at** noon. We can have lunch and sort things out.
14. The cat was playing with a ball **in** the corner of Michael's room.
15. She has been a member of the committee **for** 6 years.
16. What are we having **for** dinner today?
17. **On** average, the unemployment rate has been going up 1 per cent a year.
18. Take a seat. I'll be with you **in** a minute.
19. We decided to meet **at** the station.
20. The boss would like to have the report **by** the end of the day at the latest.

KEY

1. Halloween was probably the most **frightening** film I have ever seen **(FRIGHTENED / FRIGHTENING)**.
2. I always get so **embarrassed** when my dad starts speaking English **(EMBARRASSED / EMBARRASSING)**.
3. I am **surprised** to see how well he gets along with his stepfather. **(SURPRISED / SURPRISING)**
4. The lesson was so **boring** that I fell asleep **(BORED / BORING)**.
5. As the big day came closer, my sister became **increasingly** nervous **(INCREASED / INCREASINGLY)**.
6. You've been walking for 5 hours. You must feel **exhausted** **(EXHAUSTED / EXHAUSTING)**.
7. I was **frightened** when I saw him in that outfit for the first time. **(FRIGHTENED / FRIGHTENING)**
8. I didn't like the film. The plot was rather simple and **uninteresting** . **(UNINTERESTED / UNINTERESTING)**
9. It's **surprising** to see how many people didn't care to vote in the last election . **(SURPRISED / SURPRISING)**
10. You look a bit **confused** . Don't you know what you're supposed to do ? **(CONFUSED / CONFUSING)**
11. I saw that my boss was very **annoyed** with how I behaved . **(ANNOYED / ANNOYING)**
12. They were all very **impressed** by the performance of the actors. **(IMPRESSED / IMPRESSING)**
13. The school trip was really **exciting** . I learned a lot of things I hadn't known before . **(EXCITED / EXCITING)**
14. It was **thrilling** to have met such a great movie star. **(THRILLED / THRILLING)**
15. We were **worried** when we found out that his sister was on the plane that went missing. **(WORRIED / WORRYING)**

KEY

1. This is **my** laptop.
Whose laptop is this?
2. I usually have **lasagne** for dinner.
What do you usually have for dinner?
3. My sister lives **in the house over there**.
Where does your sister live?
4. I am leaving early **because my son is ill**.
Why are you leaving so early?
5. My dad likes the **blue** jacket best.
Which jacket does your dad like best.
6. The street festival takes place **on the first Friday in August**.
When does the street festival take place?
7. I use **a lot** of salt in my cooking.
How much salt do you use in your cooking?
8. The new hotel is located **near the seaside**.
Where is the new hotel (located)?
9. **My sister** usually helps me with my homework.
Who usually helps me with my homework?
10. They are very worried **because they failed the test**.
Why are they worried?
11. **Physics** is Mary's favourite subject.
What is Mary's favourite subject?
12. My best friend is **a year older than I am**.
How old is your best friend?
13. The new apartment costs **\$ 300 a month**.
How much does the new apartment cost?
14. **Pete's** car always makes such a terrible noise.
Whose car always makes such a terrible noise.
15. I take **the** underground to work.
What do you take to work?