

opinions about health and medicine



Qs:

1. What do you do to stay healthy?
2. What are some other things you could do to stay healthy?

■ Now, read the sentences below. Circle the numbers that best express your opinions.

■ Then, compare your answers with your classmates. Give reasons.

1.	Smoking is fun.	1	2	3	4	5
2.	Exercising is fun.	1	2	3	4	5
3.	Eating lots of vegetables is fun.	1	2	3	4	5
4.	Going for a doctor's visit is scary.	1	2	3	4	5
5.	Studying English can cause stress and make people unhealthy.	1	2	3	4	5
6.	People need to exercise at least 30 minutes every day to stay healthy.	1	2	3	4	5
7.	Often washing your hands can keep you healthy.	1	2	3	4	5
8.	Being overweight is worse than being underweight.	1	2	3	4	5
9.	It's easy to live to be over 100 years old if you eat well and exercise.	1	2	3	4	5
10.	People can't be happy if they are not healthy.	1	2	3	4	5
11.	It would be great to work as a doctor.	1	2	3	4	5
12.	It's important to take vitamin pills.	1	2	3	4	5

POSSIBLE ANSWERS

- 5 I agree completely
- 4 I mostly agree
- 3 I'm not sure
- 2 I mostly disagree
- 1 I disagree completely

